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Targeting Efforts: Using Braden Pressure Ulcer Subscales to Identify Specific Risks

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Braden Skin Assessment

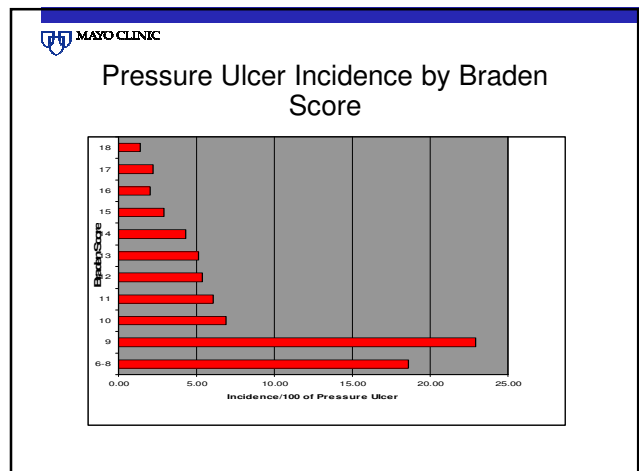
Risk score for Pressure Ulcers: 6-23
(action level < 16)

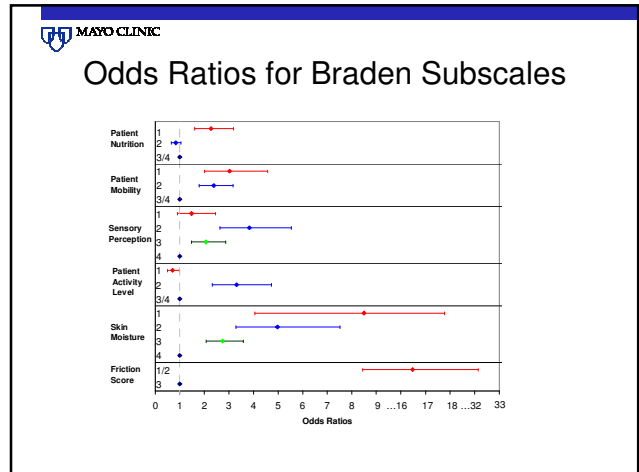
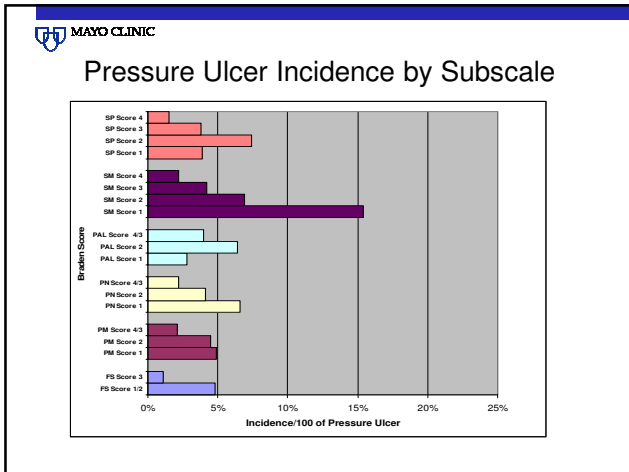
- Friction (Shear) (1-3)
- Skin Moisture (1-4)
- Patient Activity Level (1-4)
- Patient Nutrition (1-4)
- Sensory Perception (1-4)
- Patient Mobility (1-4)

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Study

- Retrospective cohort of patients admitted in 2007 to ICU/PCU followed to pressure ulcer or discharge
- Braden Score ≤ 16
- Nurse Skin Assessment performed at least daily
- N=12,961
- Pressure Ulcers = 428





- Summary**
- Prediction models including subscales improved by 33-40%
 - Nursing protocols have now incorporated subscale findings into preventive methods
 - Caution: our results on relative effect of subscales may be influenced by success (or lack) of current efforts